

BLESSED 12 YEARS OF A NOBLE SERVICE



Sahajeevanam Holistic HEALTH VILLAGE



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SAHAJEEVANAM HOLISTIC HEALTH VILLAGE

FEEL THE DIGNITY OF CARE

SAHAJEEVANAM HEALTH CARE (A UNIT OF SAHAJEEVANAM FOUNDATION)

CIN No: U73100KL2021NPL072403

LET'S KNOW WHAT IS SAHAJEEVANAM

Sahajeevanam is a Responsible Service Organization driven by a cadre of dedicated social activists and professionals. It is a Registered Private Limited Company under Section 8 of Companies Act 2013.

SAHAJEEVANAM – 2013 – 2025

During 2013-2016, We Organized 100+ debates & Interactions in colleges, schools and vocational training institutions on the topics: Dignity of life, Palliative Care, Geriatric Care.

In August 2016, realizing the necessity of 24*7 Geriatric Care, we started an Institution in Chandranagar residential Colony, Palakkad.

In December 2018, with the Public participation Sahajeevanam started a Palliative Care Unit for the terminally ill patients in and around the Palakkad town. Now 80+ patients are cared by our NHC team.

Since January 2019 - Department of Economics at Mercy College, Palakkad have extended their voluntary support for Palliative Care Unit on a weekly basis. In the same year, we stepped down to the street to identify the wandering patients and started "Street Palliative Care Program" for giving a dignified care for the homeless.

We recognized the need for a transition from home like atmosphere to a hospital setting. With optimism for a brighter future, In January 2020, we relocated to Sahajeevanam Medical facility and started operation on a large scale at Prashanti Hospital, Kalpathy.

In 2021, we incorporated a Section 8 company under Companies Act 2013 in the name, "Sahajeevanam Foundation". Till this date we cared 285 parents in our centre and 300 plus patients in community: Palliative Care.

"Where We Stand Today"

Since July 1st 2021, we have established our presence at much bigger premises with Inpatient facility of up to 45 resident patients in the heart town of Palakkad. Now we have 40 inpatients to be cared, 20+ staff to ensure the quality care and well monitoring system to keep the dignity of our clients.

PROJECT OVERVIEW



SAHAJEEVANAM

VISION

To promote the general welfare of the society, especially of the poor, down trodden and neglected community irrespective of caste, race, sex, religion etc., by creating a symbiotic relationship between the needed and the needy.

MISSION

To establish, nurture and develop a total healthcare environment such that it modifies into a completely self sustainable health village.



Regular Activities

1. Community Palliative care
2. Dementia Care
3. Street Palliative Care
4. Hospice care
5. Home based Elder Care
6. Training Programs

Why you trust SAHAJEEVANAM

We have 15+ years of experience in the field of Geriatric Care
Now we are the Pioneer in this field with experience and expertise
We know the value of dignity in one's life and we serve the people keeping the same.



We dream a Holistic Health Village

We have started construction of 1000 m2 of new building at Peruvemba Panchayat in one acre of land. YES, we assure a Peaceful life and dignified care for our beloved parents in the dusk of their life in our Holistic Health Village.

Outstanding Features

- ◆ 24*7 support of Palliative Care trained nurses and Care takers.
- ◆ A complete Hospice care with 'no feel of hospital atmosphere'.
- ◆ Calm and peaceful surroundings with greenery and vegetation.
- ◆ Inter connected "villa like" rooms with passages.
- ◆ Geriatric friendly bedrooms and wash rooms.
- ◆ Space for Evening Gathering and Refreshment.
- ◆ Single villas for elders with lifetime health care assurance.



Night Vista



Sahajeevanam Holistic Health Village



Feel the homely atmosphere



PROJECT DETAILS

Project Name : Sahajeevanam Holistic Health Village & Hospice Care Centre

Area of Building : 1000 m² (when completing 2 phases)

5 Single Villas for lifetime lease : Each 465 Sq ft

Total Project Cost : 05 Cr

Source of fund : Bank loan, Donations, Interest free loan, Loan from Shareholders, CSR fund.

Project Completion : Expected to complete by December 2026.

Sponsorship Amount : 3,00,000/- for a room.

Cost of single villa : 25 to 27 Lakh

Advance : 10 Lakh

PROJECT TEAM

| | | |
|---|-----------|-----------------------------------|
| Consultant | Engineer | Co-ordinator |
| Er. Aravind. N M.Tech Structural Engineering | Akhil M.R | Pramod. K Kalpadakkal Builders |

You Can Help Us:

- 1. Sponsor a room for the elderly.
We offer a special consideration when you or your family member needs care at some point.
- 2. Take a share of Sahajeevanam Foundation and give a fixed amount as investment for which we offer a monthly income at Bank interest rate.
- 3. Purchase a villa and experience the compassionate care of the Team Sahajeevanam.
- 4. Introduce Sahajeevanam to your friends and families, ask them to be a sponsor and thus be a part of the noble service.

Hoping all kinds of support
With love...

For Sahajeevanam Foundation

| | |
|--|---|
| A. UNNIKANNAN (MANOJ) Managing Director | GIRISH KADUNTHIRUTHY Founder, Director & CEO |
| SUGANDHI. M Director (Admn.) | |



Single Villa Exterior



Single Villa Interior